Sample Subjective Interview Questions

- 1. What brings you in today? What's going on? Was there a specific injury or what happened; has it always been there?
- 2. Do you have a history of this type of pain or any other injuries that could be tied to it?
- **3. Tell me a little more about the pain.** When do you notice it most? Any problems standing, sitting, walking, or lying down? Any specific postures that make you feel worse? Better?
- 4. Can you point to the area? How would you describe the pain?

Dull, achy, sharp, throbbing? Any numbness/tingling? What is your pain level on a scale of 0 to 10, zero is no pain 10 is "take me to the ER".

- **5. Have you had any previous treatment for this particular issue?** Previous Physical Therapy, injections, chiropractic, surgery? Did it help? Where was it? What did they do?
- **6. Have you had any imaging done?** X-ray, CT scan, MRI, ultrasound? What were the results? Do you have a copy of the report?
- 7. Are you currently taking any medications for this pain? How many, how often?
- **8.** Have you noticed any other changes in your health: Things like night pain, fever, chest pain, bowel/bladder or changes?
- **9.** Is there anything else I should know about your overall health? History of cancer? High blood pressure? Diabetes? Surgery? Other?
- **10. What are your goals for therapy?** Are there things you want to return to doing that you're currently limited in doing because of pain?



Other Helpful Resources

Check out these other resources for time saving documentation templates and guides.

Assessment Documentation Templates

These templates are a must have for new grads or current therapists who want to save time so they can enjoy their life outside of the clinic.

www.ptprogress.com/therapy-documentation-example-template/

Assessment of Neuromuscular Re-education (Balance & Stability) Treatment Examples and Stability Treatment Examples and Stability Pulsed OVERN Subsective Limitation Figure Limitati

Home Health Documentation Templates

Start your home health career off right with the first and only documentation guide available online. Written by a therapist, for therapists.

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