## Sample Subjective Interview Questions

- 1. What brings you in today? What's going on?
- Was there a specific injury or what happened; has it always been there?
- 2. Do you have a history of this type of pain or any other injuries that could be tied to it?
- **3. Tell me a little more about the pain.** When do you notice it most? Any problems standing, sitting, walking, or lying down? Any specific postures that make you feel worse? Better?
- 4. Can you point to the area? How would you describe the pain?

Dull, achy, sharp, throbbing? Any numbness/tingling? What is your pain level on a scale of 0 to 10, zero is no pain 10 is "take me to the ER".

- **5. Have you had any previous treatment for this particular issue?** Previous Physical Therapy, injections, chiropractic, surgery? Did it help? Where was it? What did they do?
- **6. Have you had any imaging done?** X-ray, CT scan, MRI, ultrasound? What were the results? Do you have a copy of the report?
- 7. Are you currently taking any medications for this pain? How many, how often?
- **8. Have you noticed any other changes in your health:** Things like night pain, fever, chest pain, bowel/bladder or changes?
- **9.** Is there anything else I should know about your overall health? History of cancer? High blood pressure? Diabetes? Surgery? Other?
- **10. What are your goals for therapy?** Are there things you want to return to doing that you're currently limited in doing because of pain?

## **Other Helpful Resources:**

MedBridge Education Coupon (Save \$175)



## Therapy Documentation Template Bundle

Get the bundle at <a href="PTProgress.com/templates">PTProgress.com/templates</a>

